



Caution: Federal law restricts this device to sale by or on the order of a licensed dentist.



IMPORTANT:
Read pages 7 through 13
for Technique first.

**Instruction Booklet
for Flexi-Overdenture
Stainless Steel Posts
(direct/non-coping
technique).**

Flexi-Overdenture®

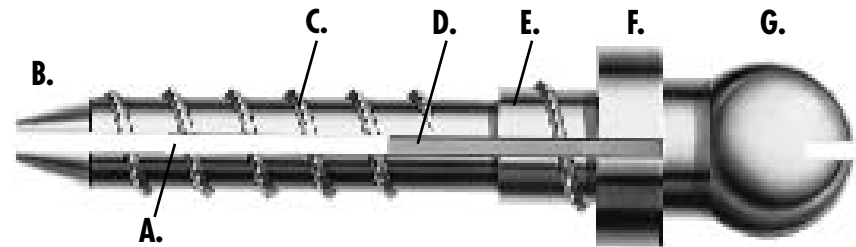
As with Flexi-Post®, Flexi-Overdenture® has the unique threaded split shank that creates maximum retention with minimum stress to the root. It is manufactured in stainless steel for the direct/non-coping technique. (Titanium post is available for indirect/coping technique).

Flexi-Overdenture Attachments enormously enhance denture retention when used with residual roots. The threaded split shank design assures the dentist that the root will not fracture, nor will the post come loose under function.

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Flexi-Overdenture Characteristics



A. THE UNIQUE SPLIT SHANK DESIGN OF THE FLEXI-OVERDENTURE

- redirects all stresses of insertion safely to the post, not the root.
- creates vertical blades which remove all dentinal debris from the thread line during insertion, further enhancing the ease of placement.

- creates a threaded post-hole in a gradual fashion, once again minimizing stress to the root.

B. TAPERED TIP permits deep seating (an additional 1–2 mm into the canal) of the Flexi-Overdenture without risk of tooth fracture. Non-threaded, this tip offers the advantage of self-limiting insertion, further protecting the root from potential fracture.

C. PARALLEL-SIDED SUPER SHARP THREADS cut into the dentin rather than push it aside. Flexi-Overdenture's construction maximizes post retention without contributing to the production of tensile stresses.* Flexi-Overdenture requires no separate tapping and may be trial seated prior to the final insertion.

D. THE FLEXI-OVERDENTURE VENT releases internal hydrostatic pressure upon cementation.

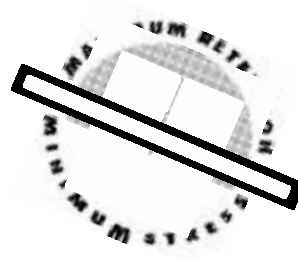
E. THE SECOND TIER OF THE SHANK increases the intimacy of fit between the post and the natural point at which the canal widens, thereby reducing destructive lever arms.

F. THE FLANGE provides greater stability for the post and better distribution of masticatory stresses to the root.

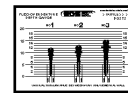
G. THE FLEXI-OVERDENTURE HEAD has one slot on the top of the ball. The slot enables the wrench to grip the post head for insertion. The head on all post sizes is the same.

*Research has shown that under function, the Flexi-Overdenture distributes the stresses evenly throughout the length of the post in the root. In comparison with passively seated posts, these studies conclude that the Flexi-Overdenture produced fewer fractures.

For more information, ask for a free copy of the Essential Dental Systems Research Abstract (available in English only).



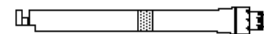
Components and Their Uses



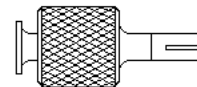
Depth Gauge - Used in conjunction with a radiograph, it facilitates the proper choice of post size, placed within the root.



Primary Reamer - Used to create the primary post-hole after use of the Peeso or Gates Glidden reamers (Essential Gates Glidden drills are recommended). The Primary Reamer is self limiting within each size.



Countersink Drill/Root Facer - Used to create the preparation for the second tier and the preparation for the flange of the head of the post, in one operation.



Wrench - Fits snugly over the post and drives the overdenture attachment into place.



Attachment Cap - Incorporated within the denture to retain the denture to the overdenture attachments.

Flexi-Overdenture Facts

The Flexi-Overdenture attachments are color-coded and come in three different sizes. While the head of the posts are of a constant diameter, the length and width of the shanks vary. Because you can shorten the Flexi-Overdenture attachment to accommodate varying root lengths, they will satisfy practically all of your overdenture needs.

Post Number	1	2	3
Color Code	RED	BLUE	GREEN
Length of Head	2.70mm	2.70mm	2.70mm
Length of Shaft	9.50mm	10.50mm	13.00mm
Total length of Post	12.20mm	13.20mm	15.70mm
Height of Head With Attachment Cap	4.00mm	4.00mm	4.00mm
Diameter of Shaft (Without Threads)	1.00mm	1.25mm	1.50mm
Diameter of Shaft (With Threads)	1.40mm	1.65mm	1.90mm
Diameter of Primary Reamer	1.20mm	1.45mm	1.70mm
Length of Primary Reamer	11.00mm	12.00mm	14.50mm

Recommended Uses for Flexi-Overdenture

It is recommended that the attachments not be placed for 3 to 4 weeks after the denture insertion, to

#1 (Red)

- normal to large roots of maxillary first premolars
- average roots of lower anteriors
- thin roots of premolars
- thin roots of maxillary laterals

#2 (Blue)

- average roots of all maxillary anteriors
- average roots of premolars
- large roots of mandibular anteriors

#3 (Green)

- large roots of maxillary and mandibular anteriors (usually cuspids)

Technique: Use of the Depth Gauge in Post Selection

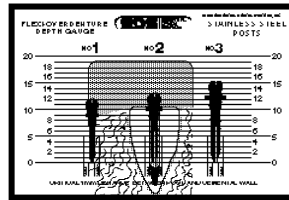
Research shows that parallel, solid shanked posts should have at least 1 mm of tooth structure lateral to the most apical placement of the post.* To aid in this placement, Flexi-Overdenture uses a transparent plastic depth gauge with silhouettes of the different sizes of the posts. Lateral and parallel to each silhouette are vertical lines spaced 1 mm from the threads. By placing the gauge over an accurate radiograph of a tooth, the dentist may easily determine if the 1 mm of lateral clearance exists. If the lines fall outside the root on the x-ray there is potentially not enough lateral tooth structure for safe placement.

In the latter case, the dentist should either go to a smaller post or remove enough apical post length for the post to fit at least 1 mm within the external borders of the root. Most importantly, the second tier and flange of the post must always be fully seated. The dentist should never allow the second tier and flange of the post not to seat. This would allow a loose coronal fit that would increase the chances of the post loosening over time!

If the dentist chooses to remove apical length of the post (either because the full length of the placed post would thin out the lateral tooth structure too much, or because the post-hole is too short for placement of the complete post length) he should follow the steps listed below:

- 1) Trial seat the post, thus creating the internal thread in the root.
- 2) Unthread the post from the root.
- 3) Cut off the necessary apical post length, allowing the second tier and flange to seat fully.
- 4) Cement the post as usual.

*The split-shank Flexi-Post is inherently safer than any solid shanked post and, therefore, less lateral tooth structure is necessary to prevent fracture.



Post Hole Preparation

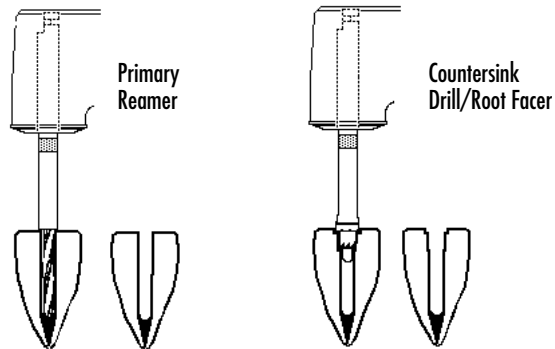
The post-hole preparation begins with the removal of the root filling material using either a Peeso or Gates Glidden reamer. Then, in sequence, a non-end cutting drill (Peeso or Gates Glidden reamer) is used until 100% of the post-hole length and 90% of the post-hole width have been established. The following chart indicates which non-end cutting drill will produce 90% of the post-hole width for the various Flexi-Overdenture sizes.

Peeso		Gates Glidden		EDS Gates Glidden		Flexi-Overdenture Primary Reamer
3	or	4	or	red	then	1 (red)
4	or	5	or	blue	then	2 (blue)
5	or	6	or	green	then	3 (green)

When 100% of the post-hole length and 90% of the width have been achieved, the primary reamer is used. Since the Flexi-Overdenture will fit optimally if a more concentric hole is maintained, the number of entries into the post-hole with the primary reamer should be limited. It is much easier to prepare the post-hole when the canal is lubricated with either water or an anesthetic solution, or with any suitable wetting agent.

The countersink drill cuts two preparations in one operation. It prepares the seat for the second tier, as well as the seat for the flange of the post. The post must always fully seat. You can determine full seating of the post by the flush fit of the flange within its preparation. If the coronal flat surface of the root is slanted to the buccal, the flange may be seated lingually, but not buccally. In this case, deepen the countersink preparation enough to assure the flush seating of the buccal portion of the post. There is no danger in countersinking the post too much. If on the other hand, the dentist does not seat the post completely, he is reducing Flexi-Overdenture's tremendous retention, and increasing the chances of the post loosening or fracturing under function. To achieve a complete seating in post-hole preparations shorter than the length of the shank of the post to be placed, the dentist must remove enough apical post length to allow full seating of the post's second tier and flange.

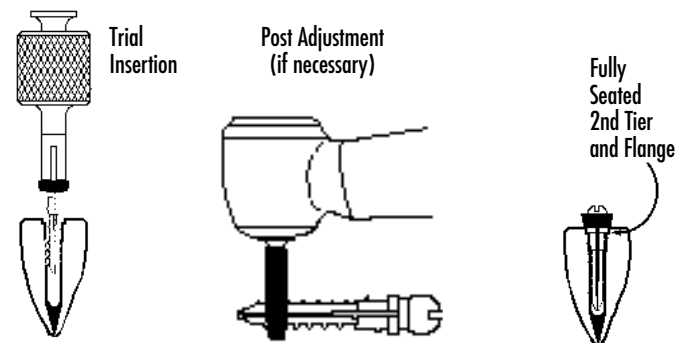
The countersink drill is now used to prepare the post-hole for the second tier and flange portions of the overdenture post. The smooth extension on the drill is simply a lead to facilitate parallelism between the primary post-hole, second tier and flange.



Post Insertion

The selected Flexi-Overdenture is inserted with the overdenture wrench. It is important to note that the Flexi-Overdenture is designed to be seated on a trial basis in order to ensure accurate fit and position. During the trial-seating, if moderate resistance is felt, the post may be backed off 1/4 to 1/2 turn and then advanced again. Advancing while backing off 1/4 turn when moderate resistance occurs is repeated until the post is fully inserted and the thread is created inside the root canal for the post. This procedure will remove debris from the thread line and facilitate insertion. The trial seating creates the thread inside the root canal for the post.

The post is now unthreaded from the root. At this point, alteration to the post may be made. It is extremely important to note that the flange must always fully seat. Therefore, alteration should be made to the apical end of

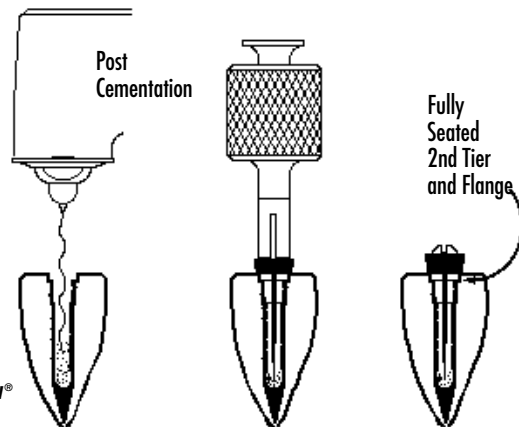


the post. Be sure to remove all dentinal debris from the split with an air syringe at this time. To alleviate any concern about shortening the legs of the post and, thereby, reducing its flexibility, remember that the legs of the post are shortened only *after* the post has been trial seated and the internal threads have been created.

Since the internal threads have now been made, the flexible legs are no longer necessary. The dentist can reinsert the shortened post. The thread of the post will find its way into the already created internal threads of the root with minimal stress being produced.

The countersink drill does *not* have a stop. If you find there is not enough occlusal room, you may countersink deeper into the root to provide more clearance for the overdenture post and nylon cap.

Cement is now placed in the post-hole and on the post. The post is inserted into the post-hole and threaded in with light pressure. The post will seat completely with minimal resistance. Special care must be taken to make sure *the flange is completely seated*. Excess cement is now removed. The overdenture post has now been fully inserted and cemented with minimal stress being transmitted to the root.

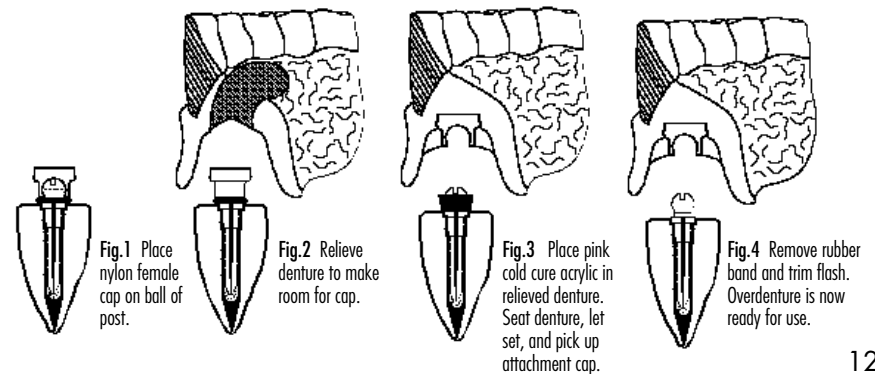


*For the greatest post retention we recommend the use of **Flexi-Flow®** (Cat. # 850-00) or **Flexi-Flow Natural®** (Cat. # 860-00) fluoridated composite cement.

Incorporation of the Attachment Cap

CHAIRSIDE TECHNIQUE - Place the attachment cap on the post and mark the cap with marking paste. Place the denture over the ridge and remove. The marker tells you where to relieve acrylic in the denture. Repeat this procedure until the denture fits passively over the cap. Now place cold cure acrylic into the relieved portion of the denture and place over the ridge, and let set. Make sure the rubber band is covering the height of contour of the head. If not, there is a risk that the cold cured acrylic could lock in under the head, making removal of the denture difficult.

Use a natural pink self curing acrylic in case there is any perforation of the denture. Remove the denture when set. Remove colored rubber band on post and discard. It is no longer needed. (See Figures 1-4).





Caution!! Again, do not remove the colored rubber band around the base of the overdenture attachment until *after* the attachment cap is incorporated into the denture. If you do, the acrylic could lock into the undercut of the ball and prevent removal of the denture from the mouth. The rubber band prevents this from occurring (Fig. 5).

The attachment cap should always have a little clearance from the root when seated onto the ball of the post. If not, the attachment cap will not be able to rotate on the ball. If necessary, remove a small amount of nylon on the lip of the cap to create this space (Fig. 6).

If the flange of the post is countersunk so deeply within the root that the attachment cap gets hung up on the tooth structure before fully seating onto the head of the post, simply relieve some peripheral tooth structure to allow full seating of the cap onto the ball.

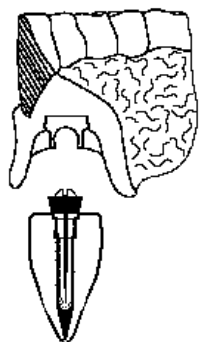


Fig. 5 Cap Incorporation

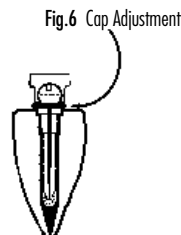


Fig. 6 Cap Adjustment

Flexi-Overdenture Kits and Their Contents

To order Flexi-Overdenture and Flexi-Overdenture accessories and for information on contract sales, contact your authorized EDS dealer, or call 1-800-22-FLEXI.

	<u>Stainless Steel</u>	<u>Titanium</u>
	(Direct/Non-Coping Technique)	(Indirect/Coping Technique)
(6 posts each of sizes 1, 2, and accessories)	Cat. No. 210-00	215-00
(4 posts each of sizes 1, 2, and accessories)	Cat. No. 211-00	212-00
Refills:		
(6 posts, reamer, drill) #1	Cat. No. 230-01	235-01
#2	Cat. No. 230-02	235-02
#3	Cat. No. 230-03	235-03
		(Direct/Non-Coping Technique)
		236-01
		236-02
		236-03

Flexi-Overdenture Titanium packages (Cat. Nos. 215-00, 212-00, and 235-01 thru 03) are supplied with transfer studs for an indirect/coping technique.

Refills (Cat. Nos. 235-01 thru 03) have a secondary drill for doing an indirect/coping technique.

Refills (Cat. Nos. 236-01 thru 03) have a special countersink drill for doing a direct/non-coping technique.

Important Sterilization Procedures: **Endodontic Instruments, Posts, Drills and** **Wrenches are non-sterile.**

Prior to use, bag materials in an autoclave safe pouch and sterilize with a gravity displacement autoclave for 15 minutes at 132°C with a minimum drying time of 30 minutes. When reprocessing instruments, drills, wrenches, or taps, remove debris and dry before sterilization. Remove debris/soil using the EDS recommended cleaning protocol. Disinfect using a thermal disinfectant unit (washer-disinfectant) at 90°C for 1 minute.

For complete instructions see website.

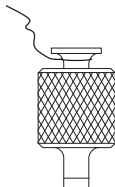


89 Leuning Street, S. Hackensack, NJ 07606
Tel: 1-800-22-FLEXI, 201-487-9090 • Fax: 201-487-5120
Web: www.edsdental.com E-Mail: info@edsdental.com

Non-Sterile

(OVER)

Post Wrench Procedures:



In addition to the placement of a rubber dam, attach/tie a piece of dental floss (24 inch minimum) to the groove on the top of the wrench handle to allow for retrieval of the wrench.



1-800-22-FLEXI
Or contact your local

Essential Dental Systems, Inc.

89 Leuning Street, S. Hackensack, NJ 07606

Tel: 201-487-9090 Fax: 201-487-5120



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